Hello Future Hillmen Football Parents and Players,

We are ecstatic to work with your athlete and cannot wait to get started. After the challenging times we have been through, there is a sense of hope that much better times are ahead. Our offseason program is a staple of what makes our program special. The introduction to that program begins for the Frosh this summer on June 6th. During the summer practice the frosh staff implements the base offense and defense, the basic fundamentals and our conditioning program. It's also a time for the team to bond and gel as they get to know each other and their coaches. Summer practice will be Monday through Thursday from 3-5ish.

A huge part of our success is the commitment and support of both the athlete and parents. The expectations coming from JR High and pre-high school sports to the high school level is drastically different. We understand that you may have already planned trips this summer due to not knowing the schedule, so we ask that your athlete simply communicates with Coach Packheiser if this is an issue. But, as your athlete gets older it's important to know that there will always be a summer program playing in the football program.

We have 5 core values that will help your athletes succeed while playing here. They are superior fundamentals, hard work, physicality, student lead program and brotherhood (love). These 5 principles are the backbone of the program and they will have a GREAT time. We are so excited to work with your son/daughter at Placer and their time here will be a life changing experience. If your child is interested in playing football this fall please email our Frosh Head Coach Jim Packheiser at impackheiser@yahoo.com

Thank you and Go Hillmen!!

Joey Montoya Head Football Coach Physical Education Teacher

Find more information on hillmenfootball.org

Dates to plan for:

-June 6-June 30th: Summer practice:M-Thursday 3-5:ish. Their is a frosh brochure to send in for camp. You can find it at hillmenfootball.org

-July 25th the official start of the season 3pm in the stadium (ending around 5:45) Important note: your child will need to be cleared online through our school by the start of the 25th. This includes getting a physical, filling out the information and also the donation. You can accomplish this on Placer's main athletic page online.

-July 30th: Stuff the helmet fundraiser (times and locations TBA)

Incoming Frosh Football CAMP SESSION-(TBA depending on Phase 3) JUNE 6th—June 30th **MONDAY THRU Thursday** 3-5ish pm **Incoming 9th Grade** Method of Payment: Check Amount: Cash Authorized Signature: ___ ______ Placer Adult School Use Only Course Code:_____ Date Registered: _____ Participants Name:_____ Grade Next Fall: (H) Phone: _____ Address: Father's Name: (H) Phone: (W) Phone: Mother's Name: ______ (H) Phone: _____ (W) Phone: Emergency Contact: ______ (H) Phone: _____ (W) Phone: Family Physician: _____ Phone: Any Medical Conditions that we should be aware of: All students participating in summer sports programs must have their own health insurance or be covered by student accident insurance. Student accident insurance forms are available in the school office. The student will be covered for one year from the time of purchase of insurance. To be covered during the summer programs, you must purchase either 24 hour or football coverage insurance. Insurance Company: _____ Phone: Address: Group No: Member No: Policy in the Name of: OR -

We have enrolled the above named student for the following coverage offered by Myers Stevens & Co., Inc.

Coverage:	Issued:			
PLEASE READ INFORMATION CONSENT AND RELEASE AUTHO	RIZATION			
I, the parent/ guardian of the child whose name appears above, herek participate in the program listed above. I agree to	by authorization my child to			
indemnify and hold harmless the PUHSD staff, PUHSD High Schools and volunteers from and against all liability for	, their employees, students			
injury, accident or damages which may result from his /her participation activity. I also agree that the PUHSD Staff may	on in the above mentioned			
act as best fits the situation in case of emergency, illness or injury, if eother emergency persons fail.	efforts to contact myself or			
I HAVE READ AND UNDERSTAND THIS RELEASE FORM AND UNDERSTAND THAT MY				
CHILD'S PARTICIPATION IS	.,			
PURELY OPTIONAL AND NOT A MANDATORY SCHOOL ACTIVITY Parent/Guardian Signature	γ. Date			
i dienitodandian olynatare	Date			

Camp Sessions

Cost: \$75- TBA and this will be lower depending on start date
Cost includes a T-shirt
Four Days a week of weight
training, and introduction into
Offensive and Defensive
Schemes and techniques of
Placer Football

Please send checks to 275 Orange Street Auburn, CA. 95603 Make checks payable to Placer Football